

Semester : I	
Course No. : AEC-111	Credit Hrs. : 1(0+1)
Course Title : National Service Scheme (NSS-I) / National Cadet Corps (NCC-I)	
Gradial Common Course across all UG degrees	

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SYLLABUS

PRACTICAL

Introduction and Basic Components of NSS

- Orientation: History, Objectives, Principles, Symbol, Badge; Regular Programs under NSS.
- Organizational structure of NSS, Code of conduct for NSS volunteers, Points to be considered by NSS Volunteers' awareness about Health.
- NSS program activities. Concept of regular activities, Special camping, Day camps, Basis of adoption of village/slums, Conducting survey, Analysing Guiding financial patterns of scheme, Youth program/schemes of GOI, Coordination with different agencies and maintenance of diary. Understanding youth. Definition, Profile, Categories, Issues and Challenges of youth; and Opportunities for youth who is agent of the social change.
- Community mobilization. Mapping of community stakeholders, Designing the message as per problems and their culture; Identifying methods of mobilization involving youth-adult partnership. Social harmony and National integration.
- Indian history and culture, role of youth in nation building, Conflict resolution and peace building. Volunteerism and Shramdaan. Indian tradition of volunteerism, its need, importance, motivation and constraints; Shaman as part of volunteerism.
- Citizenship, Constitution, and Human rights. Basic features of constitution of India, Fundamental rights and duties, Human rights, Consumer awareness and rights and Right to information. Family and Society. Concept of family, Community (PRIs and other community-based organizations) and Society.

TEACHING SCHEDULE

PRACTICAL [AEC-111]

Exercise No.	Exercise Topic	Weightage (%)
1	Orientation, History, Objectives, Principles, Symbols, Badge	10
2	Regular Programmes under NSS	10
3	Organisational Structure of NSS	10
4	Code of Conduct of NSS Volunteer	10
5	Points to be considered about NSS Volunteers awareness about Health	5
6	NSS Programme Activities- Concept of Regular activities	5
7	NSS Programme Activities- Special Campaign	5
8	NSS Programme Activities- Day Camps	5
9	NSS Programme Activities- Adoption of village, Conducting survey, Analysing Guiding financial patterns of scheme	5
10	NSS Programme Activities- Youth programs/schemes of GOI, Coordination with different agencies and maintenance of diary. Understanding youth. Definition, Profile, Categories, Issues and Challenges of youth and Opportunities for youth who is agent of the social change.	5
11	Community Mobilization- Mapping of community stakeholders, Designing the message as per problems and their culture; Identifying methods of mobilization involving youth-adult partnership.	5
12	Community Mobilization-Culture, Social harmony and National integration.	5
13	Indian History and Culture- Role of youth in Nation Building	5
14	Volunteerism and Shramdaan: Indian tradition of volunteerism, its need, importance, motivation and constraints; Shaman as part of volunteerism.	5
15	Citizenship, Constitution and Human Rights: Basic features of constitution of India, Fundamental rights and duties, Human rights, Consumer awareness and rights and Right to information.	5
16	Family and Society: Concept of family, Community (PRIs and other community-based organizations) and Society.	5
Total=		100

Course No.: AEC-111	Course Title: National Cadet Corps-I (NCC-I)	Credit Hrs.: 1(0+1)
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SYLLABUS

Objective: To integrate and develop qualities of leadership, discipline, character and patriotism and foster the NCC Motto: "**Unity and Discipline**" among the youth.

PRACTICAL

- Aims, Objectives, Organization of NCC and NCC Song. DG's Cardinals of Discipline.
- Drill- aim, General words of command, Attention, Stands-at-ease, Stand-easy and Turning.
- Sizing, Numbering, Forming in three ranks, Open and Close order march and Dressing.
- Saluting at the halt, Getting on parade, Dismissing and Falling-out.
- Marching, Length of pace and time of marching in quick/slow time and halt. Side pace, Pace forward and to the rear. Turning on the march and wheeling. Saluting on the march.
- Marking time, Forward march and halt. Changing step, Formation of squad and squad drill.
- Command and control, Organization, Badges of rank, Honours and Awards.
- Nation Building- Cultural heritage, Religions, Traditions and Customs of India. National integration. Values and ethics, Perception, Communication, Motivation, Decision making, Discipline and duties of good citizens. Leadership traits, Types of leadership. Character/ Personality development. Civil defence organization, Types of emergencies, Fire fighting, Protection. Maintenance of essential services, Disaster management, Aid during development projects.
- Basics of Social Service, Weaker sections of society and their needs, NGO's and their contribution, Contribution of youth towards Social welfare and Family planning.
- Structure and Function of human body, Diet and Exercise, Hygiene and Sanitation. Preventable diseases including AIDS, Safe blood donation, First aid, Physical and mental health. Adventure activities. Basic principles of Ecology, Environmental conservation, Pollution and its control.

TEACHING SCHEDULE

PRACTICAL [AEC-111]

Exercise No.	Exercise Topic	Exercise Sub-topics/ Titles	Weightage (%)
1-2	Introduction to NCC	Aims, Objectives, NCC Organizational structure, NCC Song, DG's Cardinals of Discipline.	4
3-5	Drill Basics	Aim of drill, General words of command, Positions of attention, Stand-at-ease and Stand-easy, Turning.	8
6-8	Formation Drills	Sizing, Numbering, Forming in three ranks, Open and Close order march and Dressing.	8
9-11	Saluting Drills and Parade Movements	Saluting at halt, Getting on parade, Dismissing and Falling-out.	8
12-14	Marching Techniques	Length of pace and time of marching in Quick/slow march, Side pace, Forward/rear pace, Turning on the march, Wheeling and Saluting on the march	10
15-17	Squad Formation and Control	Marking time, Forward march, Halt, Changing step, Formation of squad and Squad drill.	10
18-19	Command and Control in NCC	Organization, Badges of rank, Honours and Awards.	4
20-22	Nation Building and Citizenship; Leadership	Cultural heritage, Religions, Traditions, Customs of India, National integration, Values and Ethics, Communication, Leadership traits, Discipline and Motivation, Character/ Personality Development.	12
23-24	Civil Defence and Emergency Management	Types of emergencies, Fire fighting techniques, Maintenance of essential services, Disaster management and Aid during development projects, Civil Defence Organizations.	10
25-26	Social Service and Youth Welfare	Weaker sections of society, Role of NGOs, Youth participation in Social welfare and Family planning	8
27-29	Health, Hygiene and First Aid	Human body structure, Diet, Hygiene, Preventable diseases (including AIDS), Safe blood donation, First aid practices, Mental and Physical health.	10
30-32	Environment and Ecology	Basic Principles of Ecology, Environmental conservation, Pollution and its control, Adventure activities.	8
Total =			100